

## Regular Class Schedule

### Monday

9:30 (Exercise Class changes each Monday)

1:00 Bingo

3:30 Yoga

### Tuesday

9:30 Line Dancing

11:00 Aerobics

11:00 Scrapbooking

1:00 Gray Dragons Cane Class

2:30 Journaling

### Wednesday

9:00 Acrylic Paint Class

11:00 Board Meeting (1<sup>st</sup> Wed. of the Month)

11:00 Hook and Needle

1:00 Bingo

### Thursday

11:00 Quilting

### Friday

9:00 Paint Friday

9:45 Aerobics w/ Terri

1:00 Pickin & Grinnin